

Adverse Selection in Health Insurance in Nigeria

SAHEED OLAWALE OLAYIWOLA¹, OLANREWAJU ADEMOLA OLANIYAN²

¹Department of Economics, Federal University of Technology, Akure, Nigeria.

²Department of Economics, University of Ibadan.

Corresponding Author: saheedolayiwola@yahoo.com.

Abstract

Theoretical literature predicts that asymmetric information in insurance markets generate inefficient outcomes and literature have mostly focus on adverse selection and moral hazard caused by information advantage in insurance market. Adverse selection is the likelihood of those who anticipate more need of health care due to enhanced health risk to purchase health insurance. Therefore, this study investigates adverse selection in health insurance in Nigeria. Contract theory provided the framework for the study. The insurance-demand equation was derived from the solution to the optimality condition of insurance decision equation which gives the Marshallian insurance-demand equation. The model to measure the determinants of the demand for health insurance was a linear probability demand model. Health insurance model captured adverse selection and was estimated with probit and instrumental variable probit regressions. A positive coefficient for health status and health insurance status indicate the presence of adverse selection. Adverse selection was evident in health insurance, social and private health insurance with coefficients of 0.44, 0.25 and 0.24 respectively. Insurance income elasticity was also positive in health insurance, social health insurance and private health insurance with coefficients of 0.15, 0.23 and 0.05. There is a need for mechanisms of optimal mix of people with poor and good health status that may require working out different premium for different set of people based on the type and nature of their work and regulating the behaviour of the insured, HMO's and health provider as health insurance market grows in Nigeria.

Keywords: Demand for Health Insurance, Adverse Selection.

Introduction

Theoretical literature predicts that information advantage in insurance markets produce inefficient outcomes [32; 31; 30]. Adverse selection occurs when individuals buy health insurance due to the anticipated more need of health care as a result of enhanced likelihood of health risk [9]. Literature have also explored potential advantageous selection effects of health insurance [9; 7]. That is, the insured tend to be those with observed (e.g. higher education) and unobserved (e.g. more health-consciousness) characteristics that correlated with lower health risk. In either case, it means insured individuals are those who have observed and unobserved characteristics that correlated with demand for medical care [9]. Adverse selection generates inefficient outcome in health insurance market as a result of information advantage between buyers and sellers of health insurance.

Expansion of health insurance has become a public policy priority in many developing countries [22], but adverse selection and moral hazard are key counterbalanced concerns [21]. Though, evidences on adverse selection are limited in developing countries as previous studies mostly focused on developed countries such as the United States, the United Kingdom, Australia and Canada. The analysis of health care and health insurance system in emerging markets is limited [18]. This problem of lack of evidences in developing countries¹ Nigeria inclusive on insurance induced distortion on demand for health care is also associated with drawbacks due to escalating costs, cream skinning and increasing inequality among the uninsured [14]. Hence, measures like co-insurance rate and capitation are still used in private and social health insurance in developing countries to reduce consumption at the margin [17]. The above arguments show that most theoretical influences behind the inefficiency created by information advantages in health insurance market are from developed countries [16] where health providers are regulated and held accountable for their actions. Hence, the rationality of the empirical evidences from richer countries in low income countries is contentious, given different structure of health systems, the institutional and regulatory environment within which these two set of countries operate. Therefore, this study investigates the existence of adverse selection in the demand for health insurance in Nigeria.

The effect of asymmetric information on markets operation was first expounded by² [1] who argued that an information advantage of the seller over the buyer of a good with non-uniform quality causes bad

quality to chase good quality from the market. Information advantage is a problem central to every insurance context and occur when buyers of health insurance tend to have more idea of their risk status than sellers of health insurance [8]. The first tests of adverse selection estimated a demand function for health insurance in which health status is incorporated as an explanatory variable and high probability of those in poor health to purchase insurance is considered evidence of adverse selection [17]. A number of studies have conducted such analysis using data from rich countries [e.g. 13; 7; 29, 30, 31 etc.]

Data from the health and retirement study was used by [3] to estimate a structural model of the demand for health insurance and medical care employing a two-step semi-parametric estimation strategy to disentangle adverse selection from moral hazard in health care and specified utility function using a standard functional form. The results show that distributions are skewed to the right with a probability mass close to zero, implying that a large number of individuals in insurance category do not suffer large health shocks, but there are individuals with large health shocks in each insurance category which suggests absence of adverse selection. Also, [4], estimated a dynamic panel data model with Living in Ireland Survey with panel data from 1994 to 2001. Numbers of GP visits, visits to a medical specialist and nights in hospital were used as three measures of health care utilisation. The data contains information on health, socio-economic characteristics, insurance status and medical consumption. Their models allowed for individual specific effects, which captured heterogeneity in preferences and health risk using pooled OLS as a baseline case and general methods of moments (GMM) to estimate dynamic panel data models that include unobserved effects and state dependence. The results show strong evidence for advantageous selection driven by heterogeneity in education, income and health preferences.

Invoices for hospital services from a regional hospital in Croatia was used by [19] to test for adverse selection with three categories of patients: with no supplemental insurance, who bought it and who are entitled to it for free. The identification procedure relies on the premise that the difference in the observed medical care consumption between the patients who bought the insurance and those entitled to free insurance is caused by pure selection effect, whereas the difference in healthcare consumption between the group that received the free insurance and the group that has no insurance is due to moral hazard. The empirical estimation was carried out by

¹ To the best of researcher's knowledge, Lammers and Warmerdam (2010) is the only study related to adverse selection in health insurance in Nigeria.

² Akerlof (1970) formalized this phenomenon using the example of second-hand car markets in which the seller holds more accurate information than the buyer about the quality of a particular car.

the use of matching estimators which compares the outcomes of programme participants with those of matched non-participants where matches are based on the similarity in observed characteristics. The results for all age cohorts combined show that patients with supplemental insurance, purchased or given for free, have more hospital visits and higher total cost which suggest evidence of adverse selection effects.

Few studies tests for adverse selection in health insurance schemes in less-developed countries (LDCs). Willingness to pay for social health insurance was used in Ghana [2] and India [20] to examine adverse selection in health insurance using household data. [2], found that willingness to pay for social health insurance increases with income as well as in households with high recent health expenditures and difficulties in making payments, (a possible indication of adverse selection). [20], found that better education and being male increase, the amount people are willing-to-pay. [18], investigated adverse selection in voluntary micro health insurance in Nigeria. The results suggest that membership of voluntary micro-health insurance was driven by health risk, membership of association and perceived needs of medical care.

Methods

Design and Setting of the Study

Population of the Study and Sampling Design

The data for the study were collected using a purposive sampling survey carried out from September to October 2012 in the six geo-political zones in Nigeria. The six geo-political zones in Nigeria are South-West, South-East, South-South, North-West, North-East and North-Central. One State with a large presence of formal sector workers was chosen from each zone. This choice was based on the fact that the former sector workers are mostly covered by health insurance presently in Nigeria. Lagos State was chosen in the South-West, Imo in the South-East, Rivers in the South-South, Kaduna in the North-West, Adamawa in the North-East and Abuja in the North-Central. The survey for the study was conducted in hospitals, government parastatals, private companies and households. The target population used in the study was the formal sector employees (private or public) and informal sector workers with or without health insurance coverage.

Instrument for Data Collection

The tool for the study is a self-designed 48 items questionnaire containing questions regarding

respondent household socio-demographic characteristics, health insurance status, health status, health care expenditures and health care utilisation. A total of 500 questionnaires were administered in each state. The survey for the study was conducted using trained enumerators. Facility used in each chosen state are teaching hospitals, health centres that serve as providers to NHIS in Nigeria and other health centres with health insurance facilities. Government parastatals, private sector establishments and households were also used. The facility used in the South-West were University of Lagos Medical Centre, Lagos University Teaching Hospital (LUTH), Lagos State University Teaching Hospital (LASUTH), Lagoon Hospital, Apapa; Imo University Teaching Hospital (IMSUTH) and Holy Rosary Hospital, Emekuku in the South-East; University of Port Harcourt Teaching Hospital, Cottage Hospital/Comprehensive Health Centre and Okrika General Hospital in the South-South; Ahmadu Bello University Teaching Hospital, Zaria; 345, Nigerian Airforce Hospital, Kaduna North and Al-Mansu Specialist Hospital, Kaduna South in North-West; Federal Medical Centre, Yola and Adamawa Hospital in the North-East and Gwarimpa General Hospital, National Hospital, Clean Bill Health Services Limited and Abuja University Teaching Hospital in the North-Central. Government parastatals used are State government secretariat, Federal government secretariat, private companies and Banks and randomly selected households in each State.

Administration of the Instrument

The questionnaires were distributed on the basis of ease of access to the respondents; 300 questionnaires were used for facilities, 100 questionnaires for government parastatals and 100 questionnaires for households in each state. The medical officers in each facility and the head of all government and private sector establishments used were approached and their cooperation was solicited. The enumerators through the medical officers administered the questionnaire to those who visited facility and agreed to participate during the survey period. The enumerators administered questionnaires to staffs in government and private establishments. The record officers in the health facilities were entrusted to ensure the questionnaires were properly filled and collect the questionnaires for onward transfer to the enumerators. The enumerators assisted in supervising the households' respondents and double-checked the questionnaires for consistency. Table 1 shows the variables used in the analysis and their definition.

Table 1: Description of the Variables used in the Analysis

| Variable | Definition | Description |
|------------------------------|---|-------------|
| Dependent Variables | | |
| Married | Marital Status: Single = 1, Married = 2, Divorce/Separated = 3, Widowed =4 | Categorical |
| HINSTYPE | Health Insurance Type: NHIS =1, others = 0; Private Health Insurance =1, others = 0 | Dichotomous |
| Independent Variables | | |
| Married | Marital Status: Single = 1, Married = 2, Divorce/Separated = 3, Widowed =4 | Categorical |
| Male | Gender Variable: Male =1, 0 otherwise | Dichotomous |
| Age | The age of the respondent as at the last birthday | Continuous |
| FMTYPE | Family Type: Monogamy = 1, Polygamy = 2 | Categorical |
| FMHEAD | Head of the Family: Father = 1, Mother = 2 | Categorical |
| FMHEDUC | Head of the Family Level of Education: No formal Schooling = 1, Primary Education =2, Secondary Education =3, Post-Secondary Education=4 | Categorical |
| SFMHEDUC | Spouse of the Family Head Level of Education: 1=No formal schooling, 2=Primary education, 3=Secondary education, 4=Post-secondary education | Categorical |
| FMHOCC | Head of the Family Occupation: Government Worker=1, Formal Private Sector Worker=2, Trader=3, Transporter=4, Farmer=5, Self-Employed=6, Housewife=7, Unemployed=8. | Categorical |
| SFMHOCC | Spouse of the Family Head Occupation: Government Worker=1, Formal Private Sector Worker=2, Trader=3, Transporter=4, Farmer=5, Self-Employed=6, Housewife=7, Unemployed=8. | Categorical |
| MEXPF | Monthly Expenditure on Food | Continuous |
| MEXPTC | Monthly Expenditure on Transport & Communication | Continuous |
| MEXPHLT | Monthly Expenditure on Health | Continuous |
| MEXPORS | Monthly Expenditure on Others | Continuous |
| MTOTAEXP | Monthly Total Expenditure | Continuous |
| MFEXPF | Monthly Family Expenditure on Food | Continuous |
| MFEXPTC | Monthly Family Expenditure on Transport & Communication | Continuous |
| MFEXPHLT | Monthly Family Expenditure on Health | Continuous |
| MFEXPORS | Monthly Family Expenditure on Others | Continuous |
| MFTOTAEXP | Monthly Family Total Expenditure | Continuous |
| GHSTATUS | General Health Status measured using twelve questions about general well-being of the respondent where high score indicates bad health status. | Continuous |
| COINS | Co-insurance Rate Paid by the insured | Continuous |
| PRICEHC | Price of Health Care Computed as Coinsurance Rate Multiply by Health Exp. | Continuous |
| PLACEACES | Place of Access Health Care Facility: Self-Treatment =1, Traditional Healers =2, Private Hospital=3, Government Hospital=4, Pharmacy/Drug Shop=5, Spiritual Home=6, others =7 | Dichotomous |
| MINCEMPL | Individual Monthly Income from Employment | Continuous |
| MINCGIFTS | Individual Monthly Income from Gifts | Continuous |
| MINCORS | Individual Monthly Income from Others | Continuous |
| MTINCO | Total individual monthly Income | Continuous |

Estimation Technique

Given that the decision to take health insurance is made at time zero before utilization of medical care at time one (assuming illness occurs in time one) and that this depends on initial income, price of health care measured by the co-insurance, health status which cannot be observed by the insurer (and if positively related to health insurance take up indicate presence of adverse selection) and other individual characteristics that may influence the purchase of health insurance. The demand equation for health insurance decision take-up can be represented by Marshallian demand equation. Therefore, given a

linear relationship between health insurance take up, income, co-insurance, health status and other factors that influence the decision to purchase health insurance, for measuring the determinants of the demand for health insurance can be written as a linear probability demand model of the form:

$$I_i = \alpha_1 + \alpha_2 P_m + \alpha_3 Y + \alpha_4 H + \alpha_i Z_i + \mu_1 \quad (1)$$

Where I_i refers to the individual's insurance status, is the price of health care measured by co-insurance rate multiplied by individual monthly total health expenditure, Y is the individual's income in period

one before the purchase of health insurance, H is the individual's health status and Z_i are other household or individual's characteristics that can influence the purchase of health insurance such as the level of education, employment status and marital status. Bias in Equation (1) may arise if important unobserved determinants of insurance status such as health status (H) are correlated with the random error term. For example, those who are less healthy may have a higher than average propensity to seek health insurance and demand for health care. Also, unobservable factors influencing demand for health insurance may positively correlated with the error term (μ_1). This would mean correlation between insurance status I_i and the error term (μ_1). Theoretically, we expect the price of medical (P_m) care to be negatively related to insurance decision take up. The relationship between insurance take up and initial income depends on the level of individual risk-aversion but since there is no measure of risk aversion, the relationship between health insurance take-up and income was directly estimated. The sign obtained in estimation is an indication of individual risk-aversion. The individual health status is measured using 12 questions concerning general wellbeing of the respondent where a score greater than or equal to the quarter of the total score indicate bad health status. The vector (Z_i) captures additional individual household characteristics that may be important in the insurance and health care decision, like household size. And (μ_1) is the error term which captures the individual time-invariant unobserved characteristics. If I_i and H are positive coefficient (i.e. if $\alpha_4 > 0$), there is an evidence of adverse selection in health insurance, other things being equal.

Equation (1) estimates the determinants of demand for health insurance and adverse selection in health insurance (in which health insurance, social health insurance, and private health insurance were considered). The dependent variable; individual's health insurance status (whether an individual has health insurance or not) is dichotomous (between 0

and 1 and whether individual is covered by social health insurance and private health insurance). Health status (H) is likely to be endogenous with the health insurance status and other exogenous variable (e.g. household characteristics). Exogeneity test using Wald test was carried out on probit regression. Where the probit regression failed exogeneity test, instrumental variable probit (IVPROBIT) regression was employed.

Results and Discussion

Table 2 shows the summary statistics of the variables employed in the analysis. The results show that about 61.5% of the respondents have health insurance while 38.5% are without health insurance. On the type of health insurance, NHIS is a compulsory social health insurance for public and the formal private sector workers and private health insurance for private individuals. The statistics shows that about 90.9% of the respondents are covered by NHIS and about 2.9% are covered by private health insurance. The result further shows that total monthly income of the respondents ranges from 1000 (\$6.25) to N3, 000, 000 (\$18, 750) with average monthly income of N68, 860 (\$430.4). The average health care price is around N750 (\$4.7) and average general health status score is about 1.03. The average general health status score shows that the health status of respondents is relatively good. The results show that about 47.6% are single, 47.4% are married, 1.04% are divorced or separated and 3.9% are widow. Also, about 80.2%, 14.4%, 3.3%, of the respondents acquired post-secondary, secondary and primary education respectively while about 2.9% did not attend any formal school. On respondents' occupation, about 41.1% of the respondents are government workers, 35.4% are formal private sector workers, 9% are traders, 5% are transporters, 1% are farmers, 1% are self-employed, 2% are housewives and 0.9% are unemployed. This shows that about 76.5% of the respondents are formal sector employees.

Table 2: Summary Statistics of the Variables used for Estimation

| Variables | Obs | Mean | Std. Dev. | Min | Max |
|-----------------------------|------|----------|-----------|--------|---------|
| HINSTATUS1 Non-Insured=1 | 1051 | 0.3853 | 0.4869 | 0.000 | 1.0000 |
| HINSTATUS2 Insured=1 | 1051 | 0.6147 | 0.4869 | 0.000 | 1.0000 |
| HINSTYPE1 NHIS=1 | 646 | 0.9087 | 0.2883 | 0.000 | 1.0000 |
| HINSTYPE3 PVT =1 | 646 | 0.0294 | 0.1691 | 0.000 | 1.0000 |
| GHSTATUS | 1051 | 1.0313 | 1.5832 | 0.000 | 8.0000 |
| COINS | 1051 | 0.1051 | 0.0185 | 0.1 | 0.5 |
| PRICEHC | 1051 | 750.6553 | 690.2583 | 5.2540 | 10508.2 |
| Male1 Male=1 | 1051 | 0.5119 | 0.5001 | 0 | 1 |
| Male2 Female=1 | 1051 | 0.4881 | 0.5001 | 0 | 1 |
| Age | 1051 | 32.6870 | 11.3344 | 16 | 80 |
| FMTYPE2 Polygamy=1 | 1051 | 0.2569 | 0.4371 | 0 | 1 |
| FMHEAD1 Father = 1 | 1051 | 0.9125 | 0.2828 | 0 | 1 |
| FMHEAD2 Mother = 1 | 1051 | 0.0875 | 0.2828 | 0 | 1 |
| FMHEDUC1 No Formal Schl. =1 | 1051 | 0.0504 | 0.2189 | 0 | 1 |
| FMHEDUC2 Primary Edu =1 | 1051 | 0.0428 | 0.2025 | 0 | 1 |

Table 2: Cont'd

| Variables | Obs | Mean | Std. Dev. | Min | Max |
|---|------|----------|-----------|-------|---------|
| FMHEDUC3 Sec. Edu =1 | 1051 | 0.1570 | 0.3640 | 0 | 1 |
| FMHEDUC4 Post Sec. Edu =1 | 1051 | 0.7498 | 0.4333 | 0 | 1 |
| SFMHEDUC1No Formal Schl. =1 (Mother) | 1051 | 0.0676 | 0.2511 | 0 | 1 |
| SFMHEDUC2Primary Edu =1 | 1051 | 0.0666 | 0.2495 | 0 | 1 |
| SFMHEDUC3Sec. Edu =1 | 1051 | 0.1665 | 0.3727 | 0 | 1 |
| SFMHEDUC4Post Sec. Edu =1 | 1051 | 0.6993 | 0.4588 | 0 | 1 |
| FMHOCC1 Govt. Worker=1 | 1051 | 0.5404 | 0.4986 | 0 | 1 |
| FMHOCC2Form. Pvt Sec Worker=1 | 1051 | 0.1408 | 0.3480 | 0 | 1 |
| FMHOCC3 Trader=1 | 1051 | 0.0733 | 0.2607 | 0 | 1 |
| FMHOCC4 Transporter=1 | 1051 | 0.0447 | 0.2068 | 0 | 1 |
| FMHOCC5 Farmer=1 | 1051 | 0.0542 | 0.2266 | 0 | 1 |
| FMHOCC6 Self-Employed=1 | 1051 | 0.1094 | 0.3123 | 0 | 1 |
| FMHOCC7 Housewife=1 | 1051 | 0.0143 | 0.1187 | 0 | 1 |
| FMHOCC8 Unemployed=1 | 1051 | 0.0076 | 0.0870 | 0 | 1 |
| SFMHOCC1 Govt. Worker=1 | 1051 | 0.4234 | 0.4943 | 0 | 1 |
| SFMHOCC2 Form Pvt Sec Worker=1 | 1051 | 0.1532 | 0.3604 | 0 | 1 |
| SFMHOCC3 Trader=1 | 1051 | 0.1941 | 0.3957 | 0 | 1 |
| SFMHOCC4 Transporter=1 | 1051 | 0.0238 | 0.1525 | 0 | 1 |
| SFMHOCC5 Farmer=1 | 1051 | 0.0504 | 0.2189 | 0 | 1 |
| SFMHOCC6 Self-Employed=1 | 1051 | 0.1075 | 0.3099 | 0 | 1 |
| SFMHOCC7 Housewife=1 | 1051 | 0.0276 | 0.1639 | 0 | 1 |
| SFMHOCC8 Unemployed=1 | 1051 | 0.0143 | 0.1187 | 0 | 1 |
| MEXPFDF | 1051 | 18415.17 | 12204.4 | 100 | 100000 |
| MEXPTC | 1051 | 9626.948 | 7214.841 | 200 | 100000 |
| MEXPHLT | 1051 | 7173.292 | 6497.079 | 50 | 100000 |
| MEXPORS | 1051 | 9026.081 | 7569.926 | 100 | 120000 |
| MTOTAEXP | 1051 | 34784.7 | 25324.09 | 1500 | 400000 |
| MFEXPFDF | 1051 | 36557.2 | 19730.38 | 1000 | 200000 |
| MFEXPTC | 1051 | 19571.56 | 14594.86 | 100 | 200000 |
| MFEXPHLT | 1051 | 16060.76 | 16929.89 | 100 | 320000 |
| MFEXPORS | 1051 | 23739.16 | 23422.79 | 100 | 300000 |
| MFTOTAEXP | 1051 | 77824.81 | 51010.94 | 2000 | 450000 |
| PLACEACCESS1 | 1051 | 0.0752 | 0.2638 | 0.000 | 1 |
| PLACEACCESS2 | 1051 | 0.0695 | 0.2544 | 0.000 | 1 |
| PLACEACCESS3 | 1051 | 0.2550 | 0.4361 | 0.000 | 1 |
| PLACEACCESS4 | 1051 | 0.5452 | 0.4982 | 0.000 | 1 |
| PLACEACCESS5 | 1051 | 0.0466 | 0.2109 | 0.000 | 1 |
| PLACEACCESS6 | 1051 | 0.0086 | 0.09218 | 0.000 | 1 |
| MINCEMPL | 1051 | 70262.81 | 112392.4 | 100 | 3000000 |
| MINCGIFTS | 1051 | 10025.23 | 5640.674 | 200 | 75000 |
| MINCORS | 1051 | 11438.38 | 5833.999 | 300 | 100000 |
| MTINCO | 1051 | 68859.98 | 106055.3 | 1000 | 3000000 |

In insurance equation (1), probit model was employed for estimation because the outcome of interest is measured as a binary variable which takes the values of either zero or one. The exogeneity tests using Wald test of exogeneity in probit model indicates that endogeneity problem is valid in health insurance and private health insurance models with probability value of 0.0004 and 0.0001 and absence of endogeneity problem in social health insurance model with probability value of 0.3569. As a result, IVPROBIT technique was employed for the determinants of the demand for health insurance and private health insurance while ordinary probit estimation method with robust standard error was employed for social health insurance.

The results in Table 2 revealed a positive coefficient between general health status and the decision to purchase health insurance, social and private health insurance and significant at 1% level. This indicates

that irrespective of the type of health insurance, general health status is an important factor in the decision to purchase health insurance. This agreed with the submissions in the literature that insured individuals are those who have observed and unobserved characteristics that are correlated with demand for medical care. Price of health care services is also positively related to health insurance, social health insurance and negatively related to the decision to purchase private health insurance. The positive coefficient between the price of health care, health insurance and social health insurance may be due to the government regulatory role and involvement of government in the payment of the health insurance premium in Nigeria. Insurance income elasticity was also positive for health insurance, social health insurance and negative for private health insurance.

On socio-demographic characteristics, married, the

widowed and women are more likely to enroll for health insurance, social and private health insurance. Young individuals are more likely to purchase health insurance and private health insurance while elderly people have high probability of purchasing social health insurance. A female headed household have less probability to purchase health insurance, social and private health insurance than male headed household. Education of the family head is an important determinant of the demand for health insurance with results showing that household with head having post-secondary

education are more likely to purchase health insurance, social and private health insurance. Households headed by government worker, transporters, farmers, self-employed persons and unemployed persons are more likely to purchase social health insurance. Further, households in which the spouse of family head involved in trading, farming, self-employed and housewife have less probability of buying private health insurance while households with the spouses of the family head being formal private sector workers have high probability of purchasing social health insurance.

Table 3: The Demand for Health Insurance, Social Health Insurance and Private Health Insurance

| Dependent Variable: Health Insurance Status | Health Insurance IVPROBIT | | Social Health Insurance PROBIT | | Private Health Insurance IVPROBIT | |
|---|---|-------------------|--|-------------------|---|-------------------|
| | Coeff ^a | (se) ^b | Coeff ^a | (se) ^b | Coeff ^a | (se) ^b |
| GHSTATUS | 0.4360* | 0.0611 | 0.2480* | 0.0382 | 0.2359* | 0.0763 |
| lnPRICEHC | 0.1125** | 0.0568 | 0.1444* | 0.0569 | -0.277** | 0.1162 |
| lnMTINCO | 0.1518* | 0.0476 | 0.2263* | 0.0503 | -0.0543 | 0.0789 |
| Single ^R | | | | | | |
| Married2 | 0.1784 | 0.1104 | 0.1882*** | 0.1104 | 0.4064 | 0.2618 |
| Married4 | 0.9052* | 0.2999 | 0.9877* | 0.3038 | - | - |
| Male ^R | | | | | | |
| Male2 | 0.2766* | 0.0867 | 0.3275* | 0.0878 | -0.2621 | 0.1925 |
| Age | -0.0005 | 0.0049 | 0.0047 | 0.0051 | -0.0178 | 0.0144 |
| Monogamy ^R | | | | | | |
| FMTYPE2 | -0.2284** | 0.0966 | -0.2340** | 0.0965 | 0.2937 | 0.2180 |
| Father ^R | | | | | | |
| FMHEAD2 | -0.5057* | 0.1627 | -0.4891* | 0.1590 | -0.0892 | 0.2696 |
| PostSecondary ^R | | | | | | |
| FMHEDUC1 | -0.4110*** | 0.2360 | -0.2092 | 0.2317 | - | - |
| FMHEDUC2 | -0.2204 | 0.2356 | -0.6110** | 0.2660 | 0.7911 | 0.2814 |
| FMHEDUC3 | -0.0002 | 0.1471 | 0.1402 | 0.1487 | -0.2466 | 0.3426 |
| PostSecondary ^R | | | | | | |
| SFMHEDUC1 | 0.3998*** | 0.2184 | 0.3838*** | 0.2119 | - | - |
| SFMHEDUC2 | 0.2633 | 0.2038 | 0.1371 | 0.2055 | 0.8986* | 0.3325 |
| SFMHEDUC3 | -0.1374 | 0.1374 | -0.2708*** | 0.1426 | 0.6856** | 0.2933 |
| Govt-Worker ^R | | | | | | |
| FMHOCC2 | -0.0315 | 0.1312 | -0.1479 | 0.1292 | -0.7045*** | 0.3785 |
| FMHOCC3 | -0.1713 | 0.2010 | 0.4194** | 0.1911 | -0.7305 | 0.4669 |
| FMHOCC4 | 0.3848 | 0.2517 | 0.2698 | 0.2373 | - | - |
| FMHOCC5 | 0.1469 | 0.2244 | 0.1888 | 0.2281 | -0.1159 | 0.4439 |
| FMHOCC6 | 0.2499*** | 0.1486 | 0.0479 | 0.1482 | 0.3939 | 0.3985 |
| FMHOCC7 | 0.0381 | 0.3279 | 0.0502 | 0.3495 | - | - |
| FMHOCC8 | 0.7146*** | 0.4167 | 0.4008 | 0.4706 | - | - |
| FMHOCC9 | -0.3205 | 0.3282 | -0.2954 | 0.3324 | - | - |
| Govt-Worker ^R | | | | | | |
| SFMHOCC2 | -0.0979 | 0.1361 | 0.0453 | 0.1320 | -0.3408 | 0.4432 |
| SFMHOCC3 | -0.1733 | 0.1331 | -0.0660 | 0.0131 | -0.7492*** | 0.4092 |
| SFMHOCC4 | 0.4513 | 0.3074 | 0.1952 | 0.3095 | - | - |
| SFMHOCC5 | -0.4692** | 0.2111 | -0.4500** | 0.2217 | -0.2637 | 0.3998 |
| SFMHOCC6 | -0.0645 | 0.1439 | -0.0377 | 0.1472 | -0.3141 | 0.53389 |
| SFMHOCC7 | -0.0240 | 0.2612 | -0.1234 | 0.2488 | - | - |
| SFMHOCC8 | 0.6158 | 0.3910 | 0.7419 | 0.3779 | - | - |
| SFMHOCC9 | -0.1967 | 0.4267 | -0.2227 | 0.4625 | - | - |
| CONSTANT | -2.5411* | 0.5518 | -3.7021* | 0.5563 | 0.4130 | 0.9686 |
| | Wald (chic2) 179.23* | | Wald chi2(3) = 192.67* | | Wald (chic2) 68.64* | |
| The Wald test of exogeneity | $\chi^2((1)) = 12.54;$ $p\text{-value} = 0.0004$ | | $\chi^2((1)) = 0.85;$ $p\text{-value} = 0.3569$ | | $\chi^2((1)) = 14.63;$ $p\text{-value} = 0.0001$ | |
| Number of Observations | 1040 | | 1051 | | 803 | |

^a Estimated parameters; *, **, and *** significant at 1%, 5%, and 10% level; ^b Robust standard errors; ^R Reference group.

A priori general health status and health insurance take up decision are expected to be positively related. The probit and IVPROBIT estimations results of health insurance, different types of health

insurance and general health status in Tables III are re-produced in Table 4 to examine adverse selection in health insurance in Nigeria. The results show that general health status is positively related to health

insurance, social and private health insurance. This indicates that irrespective of the type of health insurance, general health status is an important determinant of the demand for health insurance. This shows that individuals' characteristics that correlated

with the high demand for medical care significantly influenced the demand for health insurance in Nigeria. That is, adverse selection exists in the demand for health insurance in Nigeria.

Table 4: Adverse Selection in Health Insurance

| Type of Health Insurance | General Health Status | |
|--------------------------|-----------------------|------------------|
| | Probit | IVProbit |
| Health Insurance | - | 0.4360* (0.0611) |
| Social Health Insurance | 0.2480* (0.0382) | - |
| Private Health Insurance | - | 0.2359* (0.0763) |

Conclusion

This study examined the existence of adverse selection in the demand for health insurance, social and private health insurance in Nigeria. General health status was found to be an important determinant of the demand for health insurance, social and private health insurance in Nigeria. This is an evidence of the existence of adverse selection in the demand for health insurance and all types of health insurance in Nigeria. An important policy issue from this is that there is a need for a mechanism of optimal mix of people with poor and good health status. This may require working out different premium for different set of people based on the type and nature of their work. Finally, there may be a need for mechanisms to regulate the behaviour of the insured, HMOs' and health insurance provider as health insurance market grows in Nigeria.

Acknowledgments

The authors would like to thank Prof. Akin Iwayemi and participants at the Department of Economics, University of Ibadan Ph.D. Proposal and Post-field seminars for their useful discussions and suggestions. The research leading to these results does not receive funding from any organization.

Disclaimer

Olayiwola is a staff member of Federal University of Technology, Akure, Nigeria and Olaniyan is a Professor of economics in University of Ibadan, Nigeria. The authors alone are responsible for the views expressed in this publication.

Competing Interests

The authors declare that they have no competing interests.

Authors' contributions

Olayiwola carry out the study as a Ph.D. student under the supervision of Olaniyan. Both authors read and approved the final manuscript.

References

1. Akerlof G. A. The market for lemons: quality uncertainty and the market mechanism. *The Quarterly Journal of Economics* 1970; 84(3): 488-500.
2. Asenso-Okyere, W. K. and Osei-Akoto I. Willingness to pay for health insurance in a developing economy: A pilot study of the informal sector of Ghana using contingent valuation. *Health Policy* 1997; 42(3):223-237.
3. Bajari, P., Hong, H., Khwaja, A. and Marsh, C. Moral hazard, adverse selection and health expenditures: A semiparametric analysis. 2006; NBER working paper. 12445.
4. Bolhaar, J. Lindeboom, M. and Klaauw Bas van der. A dynamic analysis of the demand for health insurance and health care. 2008; Discussion Paper. 3698. IZA, Bonn Germany
5. Chiappori P.A and Salanié B. Testing for asymmetric information in insurance markets. *The Journal of Political Economy* 2000; 108.1:56-78
6. Deb, P. and Holmes A.M. Estimates of use and costs of behavioural health care: comparison of standard and finite mixture models. *Health Econ.* 2000; 9:475-489.
7. Doiron, D., Jones, G., and Savage, E. 2008. Healthy, wealthy and insured: The role of self-assessed health in the demand for private health insurance. *Health Economics* 2008; 1.17(2):317- 334.
8. Dong, Y. How health insurance affects health care demand- a structural analysis of behavioural moral hazard and adverse selection. *Economic Inquiry* 2013; 51(2):1324-1344.
9. Drechsler, D. and Jütting, J. Different countries, different needs: the role of private health insurance in developing countries. *Journal of Health Politics, Policy and Law* 2007; 32(3)
10. Dror, D. and Jacquier, C. Micro-insurance: extending health insurance to the excluded. *International Social Security Review* 1999; 52.1:71-97.
11. Ekman, B. Community based health insurance in low-income countries: a systematic review of evidence. *Health Policy and planning* 2004; 19.5:249-270.
12. Finkelstein, A. and McGarry K. Multiple

25 Olayiwola and Olaniyan (2017). Adverse selection in health insurance. *AJHE* 6 (1)

- dimensions of private information: evidence from the long term care insurance market. *American Economic Review* 2006; 96:938-958.
13. Gustafsson-Wright, E., Janssens, W. and Van der Gaag, J. The inequitable impacts of health shocks on the uninsured in Namibia: the potential for low-cost health insurance to protect the poor. AIID Working Paper Series 2008; AIID RS 08-02/2.
 14. Hidayat, B. and Pokhre, S. The selection of an appropriate count data model for modeling health insurance and health care demand: case of Indonesia. *Int. Journal of Environmental Research and Public Health* 2010; 7:9-27.
 15. Jacobs, P. D. Health insurance demand and the generosity of benefits: fixed effects estimate of the price elasticity. *Forum for Health Econ & Policy* 2009; 2.2(3).
 16. Jowett, M. Theoretical insights into the development of health insurance in low-income countries. *The University of York Centre for Health Economics* 2004; Discussion Paper 188.
 17. Lammers, J. and Warmerdam, S. Adverse selection in voluntary micro health insurance in Nigeria. *Amsterdam Institute for International Development, Rotterdam*. 2010.
 18. Liu X., Nestic D. and Vukina T. Estimating adverse selection and moral hazard effects with hospital invoices data in a government-controlled health care system. *Health Econ.* 2012; 21.8: 883–901.
 19. Mathiyazhagan, K. Willingness to pay for rural health insurance through community participation in India. *International Journal of Health Planning and Management* 1998; 13.1:47-67.
 20. Miller, G., Pinto, D.M. and Vera-Hernández M. High-powered incentives in developing country health insurance: evidence from Colombia's régimen subsidiado. NBER 2009; Massachusetts Avenue Cambridge, MA 02138R. Working Paper 15456.
 21. Mohanan, M. Causal effects of health shocks on consumption and debt: quasi-experimental evidence from bus accident injuries. Unpublished Manuscript 2008; Harvard University.
 22. National Health Insurance Scheme Annual Reports. Abuja, Nigeria. 2007.
 23. National Population Commission Federal Republic of Nigeria 2006 Population and Housing Census
 24. Population Distribution by Age & Sex (State & Local Government Area). Priority Table Volume IV. 2010; Abuja, Nigeria.
 25. Nigeria Demographic and Health Survey, 2014. Abuja, Nigeria, 2014.
 26. Newhouse, J.P. and Phelps, C.E. New estimates of price and income elasticities. R. Rossett Editor. In: *The Role of Health Insurance in the Health Services Sector 1976*; NBER. New York.
 27. Newhouse, J.P., Sloss, E.M., Manning, W.G. and Keeler, E.B. Risk adjustment for a children's capitation rate. *Health Care Financing Review* 1993; 15(1):39-54.
 28. Nguyen, H. and Knowles, J. Demand for voluntary health insurance in developing countries: the case of Vietnam's school-age children and adolescent student health insurance program. *Social Science & Medicine* 2010; 71:2074-2082.
 29. Pauly, M. V. The economics of moral hazard: comment. *American Economic Rev.* 1968; 58:531-536.
 30. Insurance reimbursement. Culyer, J.A. and Newhouse, J.P. editors. *Handbook of Health Economics*. Elsevier. 2000; Chapter 10:537-560.
 31. Adverse selection and moral hazard: implications for health insurance markets. *The Truth about Moral Hazard and Adverse Selection in Health Insurance*. Oberlin, P.A. Ed. College of Health Economics Conference Oberlin, OH September 8-10, 2006.
 32. Polimeni, R. and Levine, D. I. Prices matter: comparing two tests of adverse selection in health insurance. Working Paper Series. 2012; Institute for Research on Labour and Employment. UC Berkeley.